

Huron County Self Help Groups

Group	Time/Day	Location	Contact
Alcoholic Victorious	7-8:30 PM Thursdays	Victory in Christ Comm. Church	989-269-7867
AA/Al-Anon	Go to http://www.tauc.us/html/meeting_list.html for current Schedule	Meetings throughout Huron County	Thumb Area Unity Council at 989-856-3693. Toll Free Alcoholics Anonymous Hotline: 1-800-267-5692
ADD/ADHD Support Group	7:00 PM 3 rd Tuesday	Schuerer Hospital	989-453-3223
Alzheimer's and Related Disorders	10:00 AM/ 4 th Wednesday	Huron Behavioral Health Board Room, Bad Axe	989-269-9293, Rhonda Quinn
Adults with Reading Problems	By appointment	Free individual/private tutoring (HELP)	989-269-9502
Cancer Support (Circle of Care)	7:00 PM/1 st Wednesday	United Protestant Church Community Room, Port Austin	
Cancer Support Group	4:00 PM/ 1 st & 3 rd Wednesday	Hills and Dales Hospital, Cass City	989-872-2121 (319)
Cancer- "I Can Cope"	1-2:00 PM/ 1 st & 3 rd Tuesday	Scheurer Hospital Conference Room, Pigeon	989-453-3223
Cardiac Support Group	3 rd Tuesday	Hills and Dales Hospital, Cass City	989-872-5476
Care Giver Support Group	7:00 PM/ 2 nd and 4 th Tuesday	Caseville United Methodist Church, Caseville	989-856-4861 or 989-856-4009
Compassionate Friends (Grief Support-Loss of Child)	7:00 PM /2 nd Monday	Caro Community of Christ Church	989-665-2401 or 989-673-7192
Depressive/ Manic Depressive	7:00 PM/1 st and 3 rd Thursday	Caseville United Methodist Church	989-856-4009
Diabetes Support Group	To Be Announced	Huron Medical Center	989-269-6521
Diabetes Support Group	7:00 PM 2 nd Tuesday	Scheurer Hospital, Pigeon	989-453-3223, 201
Diabetes Support Group	Tuesday	Deckerville Hospital	810-376-2835 or 810-648-2333 Brenda Martel
Digestive Disorders	7:30 PM/ To be Announced	Poppo Trailblazer's Clubhouse, Bad Axe	989-269-9016
Families Anonymous	7:00 PM/Tuesday	Bay Health System Lincoln Center, 820 South Lincoln, Bay City	989-984-3939

Huron County Self Help and Support Groups-Cont.

Group	Time/Day	Location	Contact
Fibromyalgia/ CFIDS/Lupus	6-8:00 PM/ 2 nd Wednesday	Seventh Day Adventist Church, Bad Axe	989-269-8697 Lynne; 989-269- 9396 Marilyn or 989-269-6575 Carol
Adoptive & Kinship Care Parents	Noon /3 rd Monday	Huron Area Tech Center, Bad Axe	989-269-2369
Caregivers Support and Education			989-269-9502
Grief Support Group	4:00 PM 1 st and 3 rd Mondays	Harbor Beach Hospital	877-486-6671
Grief Support Group	10:00-noon 2 nd Friday	Country Gardens, Pigeon	989-635-4134
Grief Support Group	3:00 PM 3 rd Wednesday	HC Medical Care Facility	877-486-6671
Moms in Touch	Weekly	Bad Axe Mother's Prayer Group	989-269-9002 (Laurie) or 989- 269-2928 (Nancy)
Multiple Sclerosis Support Group	6:30 PM 2 nd Monday	Huron Medical Center, 3 rd floor classroom	989-428-3499
Narcotics Anonymous	7:00 PM Tuesdays	Holy Family Catholic Church; 1525 Unionville Rd.; Sebewaing	
Parents of Teens Support Group	Call for date and time	Huron Area Technical Center	989-269-3431
Parkinsons Support Group	1:00 PM/ 3 rd Tuesday	Hills and Dales Hospital, Cass City	989-872-2121
Stroke Support Group	1-2:30 PM /4 th Tuesday	Marlette Regional Hospital	989-635-4500, Judy Pfaff
Take Of Pounds Sensibly	5-5:30 PM Mondays	Harbor Beach Community House	989-864-5606
Take of Pounds Sensibly	8:45-10:00 AM Tuesdays	Trinity United Methodist Church Sebewaing	
Tri-County TMJ Support Group	To Be Announced	To Be Announced	989-673-8234
Well Spouses	1:00 PM/3 rd Monday	McKenzie Hospital, Sandusky	810-648-3770, 181
Suicide Prevention	24 hour hotlines	National Crisis Hotline Bad Axe Chapter	1-800-999-9999 or 1-800-784- 2433 989-269-9593
Suicide Survivor Support Group	1 st and 3 rd Sundays of the month 7 pm; 1299 Sand Beach Rd, Bad Axe	H.C. Suicide Prevention Coalition	Laura McCollum at 989-551-0043